

INTERNSHIP ADMISSIONS, SUPPORT, INITIAL PLACEMENT

Internship Program Admissions

Date Program Tables are updated: 10/01/2018

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

In this university counseling center setting, interns are trained as practitioners who take a scholarly and culturally competent approach to their work. Emphasis is upon learning through the practical application of evidence-based practices. Trainees develop proficiency in providing individual and group therapy as well as outreach, consultation, and crisis interventions. Interns also cultivate skill and experience in providing clinical supervision. We aim to provide a customizable experience through various training rotations that allow interns to acquire specialized training in areas that are of particular interest to them. . This internship and those associated with it value diversity and are invested in promoting social justice. Interns who fit best on our team are those who are willing to engage in self-reflection. We hold that diversity is relevant in all interpersonal connections, and expect that trainees and supervisors will approach their work with preconceived, often unconscious, assumptions that are rooted in one's unique cultural heritage (Hays, D.G., & Chang, C.Y., 2003). While this is part of being human, the most powerful training draws on the ancient Greek aphorism "know thyself" and helps the supervisee gain insight into relevant cultural forces so that they may be employed for good and not harm. A use-of-self training philosophy threads its way through all of our internship activities. Our staff strives to cultivate a safe/supportive supervisory relationships where trainees can thoughtfully consider the filters through which they view relational processes. The assumption underlying a use-of-self training philosophy is that we bring characteristics to each interpersonal encounter that either facilitate or undermine therapeutic interactions. As supervisors, our goal is to empower trainees to become more attuned to these variables, recognizing that such insight may help the trainee to connect in deeper, more meaningful ways. Although a use-of-self training approach may illuminate ways in which the supervisor and the trainee are different, differences are explored openly and diversity is always valued.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	<input type="checkbox"/> N	<input checked="" type="checkbox"/> Y	Amount: 350
Total Direct Contact Assessment Hours	<input checked="" type="checkbox"/> N	<input type="checkbox"/> Y	Amount: N/A

Describe any other required minimum criteria used to screen applicants:

In our process of screening applicants to invite for interviews, we look for excellent academic performance, strong recommendations, and demonstrated university counseling center interest. More importantly, we prioritize essays that reflect self-awareness and insight into how applicants believe that they fit in our agency (How can we help you meet your goals?). Finally, we look for those applicants who are invested in developing cultural competence and promoting social justice.

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Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns \$30,212

Annual Stipend/Salary for Half-time Interns N/A

Program provides access to medical insurance for intern? Yes No

If access to medical insurance is provided:

Trainee contribution to cost required? Yes No

Coverage of family member(s) available? Yes No

Coverage of legally married partner available? Yes No

Coverage of domestic partner available? Yes No

Hours of Annual Paid Personal Time Off (PTO and/or Vacation) 8 hrs/month

Hours of Annual Paid Sick Leave 8 hrs/month

In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? Yes No

Other Benefits (please describe): University Holidays (13 days), paid attendance to the Texas Internship Conference, the Texas Supervision Symposium and our Social Justice Conference (5 days), and 5 days of professional or educational leave.

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

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Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	14/15, 15/16, 16/17	
Total # of interns who were in the 3 cohorts	12	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	PD	EP
Community mental health center	1	0
Federally qualified health center	0	0
Independent primary care facility/clinic	0	0
University counseling center	2	6
Veterans Affairs medical center	0	0
Military health center	0	0
Academic health center	0	0
Other medical center or hospital	0	0
Psychiatric hospital	0	0
Academic university/department	0	1
Community college or other teaching setting	0	0
Independent research institution	0	0
Correctional facility	1	0
School district/system	0	0
Independent practice setting	1	0
Not currently employed	0	0
Changed to another field	0	0
Other	0	0
Unknown	0	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.