



Lanice Bennett, MS, LPC-S, NCC

Training role: Seminars, Consultation, Crisis coverage

Approach to Supervision: My approach to supervision is a mix of support and gentle feedback with a healthy dose of laughter thrown in. I believe that the growth we undergo in the counseling profession often mirrors the journey our clients go through, gaining insight into our patterns and behaviors, and then determining how to be more congruent. I use Rogerian tenets of person-centered foundations to create a safe space for a supervisee to step into the unknown and try new things while moving between teacher/counselor/consultant based on the supervisee's needs. The best supervisee fit for me tends to be someone who has a willingness to have unguarded vulnerability as I try to model the same.

Diversity & Social Justice: Although I have felt pulled to be an advocate and to champion the rights of people since childhood, it wasn't until I read Robin DiAngelo's book White Fragility that my eyes were more fully opened. I feel that I am still somewhat of a toddler in this area of growth as I now truly seek to see the world in a way that is more encompassing and informed, so that I can speak out and speak up. I continue my commitment to diversity by searching for trainings, readings, resources, and discussions to continue learning. I was previously chair of the SCS Social Justice Conference and found my own life-changing experience through the course of the program. It is with this heart that I continue to explore, learn, understand, and develop.



Megan Bond, MA, LPC-Intern, NCC

Training role: Training Rotations, Cohort Supervision Sequence, Seminars, Groups

Approach to Supervision: As someone who is currently under supervision, I value the importance of being heard and the impact of self-reflection. In my role as a supervisor, I strive to cultivate a space in which trainees can reflect upon themselves not only as clinicians in training, but as individuals with many intersecting identities. I believe in the power of connection and awareness of self as ways to create a supportive supervisory environment where trainees can feel empowered to challenge themselves, develop their identities as clinicians, and incorporate their own unique experiences and perspectives.

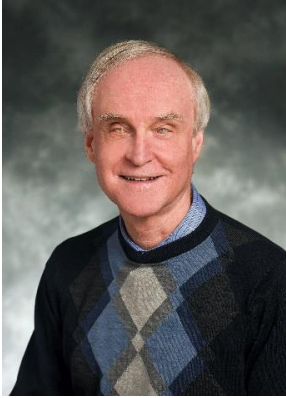
Diversity & Social Justice: Over the past several years, I have grown to truly value and embrace diversity and social justice initiatives. I have come to recognize their role in everything I do, not only in my clinical work, but in being able to connect with others on a meaningful level. I am passionate about promoting an environment in which all people are valued and respected, as well as reflecting on and confronting my own privileges and biases. With this being said, I seek to provide a welcoming, inclusive, and affirming environment for the clients and trainees that I work with.

Danielle Broxon, PhD

Training role: Seminars, Consultation, Group

Approach to Supervision: I strive to create a supportive space in supervision for supervisees to examine their areas of growth and strength, as well as encourage curiosity and innovation in therapy. I aim for supervisees to utilize supervision as a place to not only expand and hone their clinical skills, but also as a place to explore how their personal values, biases, and culture play out in the room with clients. Through this process, I hope to empower supervisees to develop a deeper sense of their own clinical skills and style.

Diversity & Social Justice: In both my professional and personal life, I place a strong value on social justice. I have found that I must be willing to confront my own biases privilege in order to grow and learn from those around me. I have found this process both challenging and incredibly rewarding. I also recognize it as an ongoing process where I continue to push myself every day. I find inspiration in those individuals who have joined me in engaging in dialogues around privilege and oppression, as well as how to enact change. I am particularly passionate about gender equity, especially as it intersects with other identities including race, sexual orientation, and gender identity. I also strongly value advocacy in my personal life and believe in volunteering for causes that promote social justice initiatives.



Robert Carter, PhD, ABPP

Training role: Training Committee, Primary Supervisor, Training Rotations, Groups, Seminars

Approach to Supervision: I am an existential humanist. I believe that human potential is unlocked when one accepts the truth of worthiness. Together the client and therapist create a safe and trusting environment where risk and vulnerability are used to untangle and disassemble the web of shame, revealing the truth of worthiness. As a supervisor, it is my honor to help the supervisee learn to use themselves to create a safe, trusting and authentic environment which gives their clients the space to debunk the untrue myths and stereotypes and hear the truth of worthiness that resides within all of us.

Diversity & Social Justice: In my thirty years of employment at the Student Counseling Service, I have worked with people from different cultures, ethnicities, races, abilities sexual orientations and personal preferences. As a disabled white male, I constantly challenge myself to be more open, more available and more connected with everyone. I am learning to be vulnerable and am doing my best to own and acknowledge my mistakes and blind spots. I have come to realize that every person has a story that needs to be heard, validated and understood. I am humbled to have a job that gives me that opportunity.



Mary Ann Covey, PhD, ABPP

Training role: Seminars, Consultation, Training Rotations

Approach to Supervision: My supervision style is very collaborative. I am a strong feminist and value empowering the supervisee as much as possible. My goal is to try to find the delicate balance between support and challenge in supervision. There are two very important qualities of a good supervision experience. The first is to be invested in the process. I will happily invest as much as my supervisee. The second is the ability to laugh at oneself. To be a truly authentic and genuine therapist one has to be able to be humble and quite frankly laugh a little.

Diversity & Social Justice: A question I often ask supervisees is “Is a Psychologist something you do or is it who you are?” If it is who you are, it permeates all levels of your professional training and practice, as well as your personal beliefs and world view. I am a Psychologist, therefore social justice/diversity/inclusivity are strongly valued and woven into all areas of my professional as well as personal life. I believe that I am always moving forward related to multicultural competency . . . but I never can fully achieve it because it is aspirational and a guiding force vs tasks to accomplish and complete.



Lauren Craig, PhD

Training role: Training Rotations with student athletes, Seminars

Approach to Supervision: My approach to supervision mirrors my therapeutic approach in that I like to establish a strong working alliance that focuses on the trainee as a whole person. I strive to promote a space where trainees feel empowered and encouraged to examine their personal experiences and cultural identities as they relate to their work with clients and as means for personal and professional growth. I strive to be genuine, respectful and supportive in my relationships with trainees and hope to create an environment where we can both learn from each other. I focus on trainee strengths in order to build confidence and trust in their clinical skills while also examining areas for continued growth based on level of training and individual goals.

Diversity & Social Justice: In my work as a psychologist, I feel honored with the opportunity to connect with others, and am frequently humbled by the experiences and voices of those I work with. I also recognize the privilege and power that comes within my professional role as well as the levels of privilege inherent within my own intersecting identities. I take seriously the responsibility I have to utilize my professional and personal privileges in a way that advocates for and highlights the voices and experiences of marginalized individuals. I strive to promote an environment of respect and appreciation for all aspects of diversity, to advocate for the strengths and benefits that come with embracing and celebrating difference and am committed to creating and maintaining an atmosphere that affirms the dignity, worth and value of all individuals.



Megan Culpepper, MA, LPC

Training role: Training Committee, Seminars, Groups

Approach to Supervision: My involvement with supervision currently consists of supervising interns while co-leading the Embracing Your Self-Worth Group. My approach to supervision is relational, with emphasis on building a relationship that is collaborative and supportive. I enjoy supervision of group because of the unique opportunity to model clinical skills and to observe and support interns in real time. I look forward to new supervision opportunities at the group and individual level and to strive to incorporate curiosity, empowerment and transparency into the supervisory relationship.

Diversity & Social Justice: Over my 5 years at the Student Counseling Service, I have continuously reflected on my unique identity and privilege through supervision and professional development. Working with diverse clients and colleagues has challenged me to be more open to peoples' lived experiences and to regularly confront my own biases. I believe this is essential to meaningful connect with others and to create a working therapeutic alliance. Therefore, I aim to engage in dialogue with clients, colleagues and trainees about diversity and the unique intersectionality for each individual. I believe competency in diversity and social justice issues is a life-long process and I am committed to continue to strengthen my understanding by having open dialogues about differences.



Elizabeth Eaton, MSSW, LCSW

Training role: Seminars, Training Rotation with veterinary students

Approach to Supervision: As a supervisor, I see my role as a scaffolder, supporter, collaborator and guide. My intention is to create a relationship and space that is warm, consistent, ethical, and strengths-based, where supervisees have enough safety to take risks to move to the next level of competence as emerging clinicians. I bring a relational-cultural approach to supervision, attending to the relational quality of experiences both in the supervision setting as well as within the supervisees' therapeutic relationships with clients. My hope is that supervisees will describe their supervision experience with me as intellectually and professionally stimulating and personally enriching.

Diversity & Social Justice: A social worker by training, I view people through a strengths-based lens, respecting their inherent dignity and worth and potential for transformative change. Instead of focusing on individual problems or deficits, I recognize the major influence of context and environment on individual and system functioning, and social justice is a core value of my work as a social worker and supervisor.



Jason Hindman, Ph.D., ABPP

Training role: Training Committee, Primary Supervisor, Groups, Seminars, Training Rotation

Approach to Supervision: I aspire to establish a safe relationship where trainees can examine the filters through which they view relationships, including how these filters impact their perceptions of people, pathology, and the change process. I believe that diversity is relevant in all interpersonal connections as we approach relationships with preconceived, often unconscious, assumptions that are rooted in our unique cultural heritage. While this is part of being human, the most powerful supervision cultivates insight into cultural forces so that they may be employed for good and not harm. I intend for supervision to be a very supportive relationship where trainees can experiment with new, imaginative ways of connecting that deepen their clinical work.

Diversity & Social Justice: My work as a psychologist has placed me in deep, meaningful relationships with individuals who are very different from me. While this can be anxiety provoking, I have come to value these relationships for how they have stretched me. Confronting my own privilege and listening to the experience of others has led to tremendous personal growth and more satisfying relationships. I love visiting with others about the identities that are meaningful to them and how these identities intersect. I am particularly fascinated by gender dynamics and how one's gender identity becomes salient in their experience in the world. In my work as a training director, I am passionate about promoting a culture of inclusivity in our training program and providing a welcoming space for trainees to reflect on how culture is relevant to their work.



Christina Ingram, PhD,

Training role: Practicum Coordinator, Primary Supervisor, Supervision of Supervision, Training Rotations, Seminars, Groups

Approach to Supervision: I am a person who enjoys being in relationship with people and enhancing connection. This translates into who I am as a professional as well as with who I am striving to be personally. In relationships we find acceptance, identity, meaning, and connection. I believe that emotional growth stems from a secure, genuine and connected relationship, and therefore my work involves attending to and developing each therapeutic and supervisory connection. In clinical supervision, I work to establish a trusting relationship that values the dignity of others, responsible caring, honesty, transparency, attentiveness, and responsiveness, as well as humility, flexibility, and professionalism. When considering the inherent power dynamics in the supervisory relationship, I believe it is important to initiate conversations about diversity early in the relationship. This includes sharing about our racial and cultural identities from the beginning and examining the racial and cultural differences within the counseling triad. I can't be an effective supervisor unless I am aware of my own worldview, biases, and assumptions and am willing to share my biases and personal limitations to trainees as a way to model truthfulness and openness. This allows trainees to bring their honesty into the conversation as well.

Diversity & Social Justice: With privilege comes the responsibility to use and share power in order to actively promote change in systems organized around privilege. I attempt to model transparency and talk about the nature of social justice work, aspects of power dynamics and politics, and voice how we show up differently in different contexts. I require of myself a commitment to work towards the recognition and elimination of prejudice and discrimination, especially those which have traditionally affected mental health practice. I serve as a co-chair to the Diversity Initiatives Committee with Dr. Iris Carrillo. The Committee is charged with the mission of educating the SCS staff toward the goal of increasing self-awareness regarding personal and systemic bias and privilege in order to provide appropriate and effective mental health services.



Ambika Kasbekar, MS, LPC-Intern, NCC

Training role: Training Committee, Cohort Supervision Sequence, Seminars, Groups, Rotations

Approach to Supervision: Supervision has been a secure base for me to bring my doubts and insecurities as a clinician, and also develop the confidence and trust in myself to explore different clinical styles and approaches in the therapeutic relationship. I have gained a deeper awareness of myself from my supervisors' curiosity about my identities and how they shape my worldview. I aspire to bring this curiosity to my role as a supervisor, and establish a space that empowers trainees to discover strengths outside of what's comfortable.

Diversity & Social Justice: My understanding of issues of diversity and social justice seems to constantly be evolving. Growing up in India, I became aware of my privileges based on ancestral religious identity, class, caste, and skin color. After I moved to the United States, I became increasingly aware of my own internalized racism and implicit biases that influence how I interact with different groups of people, as well as my privileged identities that were not obvious to me during my childhood. As a clinician who is committed to fostering mental health and wellness, I am more attentive to how systems of oppression impact individuals' relationships with themselves and others. My involvement as a member of the Social Justice and Diversity Initiatives Committees is inspired by my belief in the power of dialogue, curiosity, and empathy. These elements have been vital to my own development as a clinician and as a human being. I aspire to bring these elements to my work with trainees so they may be empowered to work toward a more equitable and inclusive world.



Kari Keller, PhD

Training role: Primary Supervisor, Seminars, Groups, Rotations

Approach to Supervision: I take a feminist approach in my supervision and clinical work, which can be strongly characterized by a focus on the relationship, culture, and power. I strive to empower supervisees to take ownership of their supervision and growth, and I enjoy walking alongside them on this journey. Supervisory sessions with me are often rich with discussions of culture, specifically with attention to our privileged identities. I believe cultural context is paramount to our understanding of ourselves as well as our clients. I focus supervision sessions on the supervisee as a whole person, not just a clinician, and conversations tend to be informal, genuine, reflective, and respectful. There is also usually a lot of laughter!

Diversity & Social Justice: When it comes to multiculturalism and diversity, I am constantly stretching and growing. I continuously challenge myself to recognize the way I am impacted by my environment, and furthermore how my environment is impacted by me and my identities. As general practice, I especially try to take note of the privileges I carry and how I am using my power. It has been amazing for me to engage in this process with others who hold different identities. As a feminist, I am especially passionate about issues pertaining to gender identity and expression. I have provided a number of seminars and outreaches gender and on issues impacting women, such as sexual assault and domestic violence. I also care deeply about working with clients on issues related to sexual orientation, race and ethnicity, and ability.



Carrie Klemt, PsyD

Training role: Primary Supervisor, Training Rotations, Seminars, Groups

Approach to Supervision: My supervision style incorporates a Rogerian atmosphere along with cognitive behavioral teaching style. I vary my level of direction base on the developmental level of the supervisee, recognizing that beginning students may benefit from more concrete instruction and advanced trainees may appreciate a consultative and collaborative approach. My main priority is to help students become efficient and self-sustaining clinicians, so I take special care to create a supportive space for learning, growth, and self-care.

Diversity & Social Justice: As a member of the LGBTQ community, I understand the importance of social justice not only on a professional level but a personal one as well. My own experiences have been a source of inspiration for striving to be an advocate and ally for other minority groups. I believe that social justice advocacy is a lifelong process of learning, so I proactively seek out experiences to expand my knowledge and skill base as a clinician as well as a supervisor. In my office, I believe..."Black lives matter, women's rights are human rights, no human is illegal, science is real, love is love, and kindness is everything." -Jennifer Rosen-Heinz



Gisela Lin, PhD, ABPP

Training role: Training Rotations and seminars on working with international students

Approach to Supervision: In my opinion, supervision is an honor and a privilege to be a part of the journey helping young professionals grow into culturally competent counselors. As a supervisor, I am interested in developing the full person so the supervision will not only focus on clinical skills, but also help the supervisees develop as young caring professionals who are passionate about social justice issues. I have a special interest in training bilingual (Mandarin Chinese, Taiwanese) counselors.

Diversity & Social Justice: I have the great fortune to have wonderful mentors who are multicultural pioneers. With their guidance, I have had opportunities to lead professional organizations that are heavily involved with advocacy and social justice issues. I believe in social justice issues in both humans & animals and I strive to give back to my community. I believe in modifying the traditional counseling approaches for the culturally different students, and provide easier access for all students. For Example, I am currently working in an embedded position within the College of Engineering, providing easier access for those particular students.



Michelle Morris, MA, LPC-S, NCC

Training role: Seminars, Groups

Approach to Supervision: My hope is to foster a safe and supportive environment for trainees to grow professionally and become more confident in their work with clients and to trust their own clinical judgement. I encourage trainees to try new techniques and challenge themselves in ways to deepen their work with clients. I strive to help the trainee grow into their own professional identity and see how their unique personhood can impact their work. I value the clinical perspective of the trainee and hope to foster a non-judgmental environment for trainees to reflect on personal reactions and how these reactions and differences may impact their work with clients. I appreciate personal reflection and investment from the trainee in their supervision experience.

Diversity & Social Justice: I am a committee member on the social justice conference committee and value diversity and difference in my work with clients, supervisees and in my personal life. I believe that we all bring unique experiences to our work with clients, supervision and in our personal lives and value talking about these experiences. I was greatly impacted by a presentation I attended at NCORE in New Orleans 2018 by Robin DiAngelo and value the framework she provides on developing white racial literacy.



Ana Popovska, PhD

Training role: Cohort Supervision Sequence, Seminars, Training Rotations

Approach to Supervision: I approach supervision with curiosity about each supervisee's unique strengths, prior training experiences, current training needs, and future career goals. My clinical training had a strong psychodynamic focus, which I often incorporate in case conceptualization but I like to encourage the integration of different theoretical approaches to better understand the complexity of human experience. In supervision, I hope to provide a safe space where the supervisee can not only build on their pre-existing strengths but also reflect on their unique struggles in clinical work and grow in new (and perhaps unexpected) ways.

Diversity & Social Justice: I have a strong interest in understanding how social identities and their intersections impact our inner and outer experiences with others. I also focus on integrating multicultural differences in case conceptualization and the therapeutic relationship.



Abbie Satterfield, Med, LPC

Training role: Seminars, Training Rotation with veterinary students

Approach to Supervision: My hope as a supervisor is to provide a relationship that enables the supervisee to feel accepted, respected, encouraged and challenged. In all my work, I value developing relationships that are based on openness, honesty and authenticity. How these manifest in supervision varies from person to person, but the result can be a space of great personal growth and the experience of being valued. As a supervisor, I strive to foster a supervisee's sense of identity and confidence as a counselor. This includes teaching and refining skills, understanding the unique strengths they bring to their work, identifying areas of practice that they are passionate about, and embracing their humanity in the process.

Diversity & Social Justice: While I recognize each person as unique, we all have identities that intersect with our culture and with the identities and cultures of our clients (and our supervisors). I am especially interested in exploring how these identities impact our perceptions of self and other, how they have influenced development personally and professionally, and how they can either assist or inhibit the therapeutic process.



Santana Simple, MS, MPH, LPC

Training role: Training Committee, Seminars, Training Rotations, Groups

Approach to Supervision: My approach to supervision is built upon the foundation that we are constantly evolving and becoming. The supervisory relationship is based upon our connections to our awareness and engagement in our own processes. I aspire to establish trustworthiness with trainees so they can lean into this intense educational process, and continually build confidence. I believe we have to continually increase our attentiveness, and understanding of the influences in our worldview in order to challenge our perspectives, interpersonal processes, and facilitate a client's change. Through collaborative learning, I believe we can create an integration of knowledge that is relevant in all interpersonal connections, extends beyond counseling skills, and deepens the impact of clinical work.

Diversity & Social Justice: Issues of diversity and inequality are deeply important to me personally and professionally. As a woman of Color, my daily navigation of life, challenges me to consider the lens I am experiencing, create spaces of engagement, and remain open to learning. As a mental health professional, my commitment to diversity is shaped by work with clients. My desire to make a meaningful impact on the whole person, constantly challenges me to expand my knowledge and understanding. This enormous amount of knowledge helps me to strive to learn from, and to adapt to various cultural, ethnic, and intersecting identities. Through these experiences, I understand some of the challenges and benefits of diversity, and have come to understand my privilege and opportunities to advocate.



Bethany Smith, MA, LPC-S, NCC

Training Responsibilities: Training Committee, Seminars, Training Rotations, Groups

Approach to Supervision: I approach supervision similarly to how I approach therapy – building a meaningful relationship with my supervisee, teaching them new skills and interventions, and meeting them where they are in their process. I strive to create a warm and supportive atmosphere that inspires authenticity and transparency. Recognizing and exploring cultural and identity differences in the supervision relationship and with clients is crucial to fostering trust and growth. Supervision is one of my favorite aspects of my work, and I am constantly striving to learn more and improve.

Diversity & Social Justice: I feel fortunate to be in the mental health field and at the SCS because it has provided me wonderful opportunities to grow and develop not only as a multiculturally competent clinician but also as a human being. I seek to understand and challenge the privilege that permeates many of my identities so that I may better serve students, nurture relationships with colleagues and friends, and use my power and voice to make a difference. A few years ago, I made an intentional decision to join the SCS Diversity Initiatives Committee, and the experience has been rewarding, challenging, and growthful. I continually seek knowledge through books, conferences, and articles to further my development.



Esther W. Wright, PhD, ABPP

Training role: Primary Supervisor, Cohort Supervision Sequence, Seminars, Training Committee

Approach to Supervision: I see supervision as offering the privilege to contribute to trainees' development, while offering opportunities for my own growth. I utilize a developmental approach that includes an assessment of trainees' current strengths and growth edges and working collaboratively with them to clarify and make progress toward their training goals. Attending to how our various identities and other cultural factors intersect and shape the supervision relationship is a salient component of my approach to supervision.

Diversity & Social Justice: As an African American female, issues of diversity and social justice are central to my lived experiences and my work as a counseling psychologist. It is important to me that differences are valued and that a culture of inclusivity characterizes environments of which I am a part.